

**Dr. Gina Serraiocco**

Dr. Gina Serraiocco is board certified in both Internal Medicine and Integrative Medicine. Raised in California, she completed her undergraduate studies in Biology at the California Institute of Technology in Pasadena, CA. She enjoyed her years at Washington University Medical School in St. Louis before returning home to California for her Internal Medicine residency training at Santa Clara Valley Medical Center. More recently, she completed the prestigious Andrew Weil Integrative Medicine Fellowship in Arizona, and is also a certified Institute for Functional Medicine practitioner. She has had a lifelong passion for helping patients discover their innate healing abilities, and has been in practice for over 16 years at Sutter's Palo Alto Medical Foundation. She empowers patients to gain vibrant health via personalized nutrition paradigms and lifestyle-based programs. A strong believer in the mind-body connection, she also guides patients in emotional, psychological and spiritual inquiry. She is skilled in the use of functional testing, evidence-based supplements and referrals to healing touch therapists when applicable. She has additionally trained in mindfulness meditation, reiki and spent time with traditional healers in the Yucatan.